

THREE LITTLE BIRDS

Based on the story by Cedella Marley

Music & Lyrics by Bob Marley

Adapted for the stage by Michael J. Bobbitt

Additional music & lyrics by John L. Cornelius, II



Three Little Birds

"Don't worry about a thing, because every little thing is gonna be alright." - Bob Marley, Three Little Birds

March 2013

Dear Teachers,

Perhaps the most lovingly nurtured creation to touch the ATMTC main stage season this year is *Three Little Birds*, inspired by the music of Bob Marley, written for children to enjoy by his daughter, Cedella and adapted for the stage by our own Michael Bobbitt. The story of little Ziggy, who is trepidatious to step beyond the reach of his front doorstep and experience life provides a strong backdrop for the themes of the play: friendship, love and self confidence.

As we work with our students towards understanding these sometimes intangible concepts, we find that our protagonist Ziggy's story offers much to teach, both about larger life concepts as well as the immersive and positive culture of a country different than our own and the music of a man whose opus was and is arguably a major catalyst for social change, love and peace.

The information in **Section 1** of this Study Guide includes discussion topics and points that been designed for you to share with your students before seeing our show; **Section 2** contains lessons, activities and exercises for use in your classroom, along with their associated Maryland State Voluntary Curriculum Standards, and **Section 3** includes all the Study Guide answer keys, as well as a Study Guide Evaluation form. I would be most pleased if you would take a moment to tell me how I'm doing in preparing these guides for you!

As you work through this study guide with your students, both before and after the show, feel the love, as we have , for this production, its beauty and life affirming credo.

Onwards and Upwards!

Kathryn Hnatio



Education Director, Adventure Theatre –MTC

Adventure Theatre MTC's Showtime Rules

Before coming to Adventure Theatre MTC, you may want to prepare your students for the experience by going over the basic rules of theatre etiquette.

- Please remain settled and seated during the performance. Remember, the actors on stage can hear you! And, no feet on the seats! Of course, laughter and applause at appropriate times are always appreciated!
- Please leave all candy, food and drinks (including water) outside of the theatre. Eating during a performance is very distracting and can get messy!
- Because the theatre will be dark during the performance, please use the restroom before the show! If it is an emergency, alert an usher who will help you leave and re-enter the theatre.
- Please turn off all cell phones and electronic devices that might interfere with theatre equipment and everyone's enjoyment of the performance.
- After the show, please follow your teachers' instructions- the bus might not be in the same place it dropped you off!

Pre-Show Discussion Topics

Before seeing the show, engage in one of the following discussions:

1. A Duppy is a character in Jamaican folklore who is seen as an evil spirit. What kinds of spirits can you think of that might be similar to a Duppy?
2. What do you think it would be like to live on a tropical island? What is the weather like? What kinds of things could you do every day for fun?
3. (If exposing students to Bob Marley's music) How does Bob Marley's music make you feel? Do you feel sad or happy? Does the music make you want to dance or would you rather sit still?

Vocabulary

All Grades: Use this week's spelling words to create sentences about Jamaica!

EXAMPLE: forceful, suggestion

The wind on the island was forceful.

She offered a suggestion to go to the beach.

The above satisfies MD. Voluntary State Curriculum Guideline: Standard 1: D.1.b in Reading for grades K-5



Who is Bob Marley?

Bob Marley wrote the song “Three Little Birds” that inspired the play we are going to see on stage at Adventure Theatre MTC.

Robert “Bob” Nesta Marley was a famous singer and musician, who performed a style of music called Reggae. Through his music, Bob Marley spread messages of peace, unity and love to the world. His music and lyrics share these three ideas.

Marley was born in 1945 in a small village in Jamaica. His mother was Jamaican and his father was Caucasian. As a small child, Marley was bullied by his peers because of his mixed racial background. The bullying he received had an impact on the music he wrote as an adult: Marley wrote often about loving all people, showing kindness and being peaceful towards others.

In 1976, as Marley became known worldwide, he left Jamaica to tour his music and spread his messages of love. He toured for many years sharing his music and his message. He died at the age of 36 and was given a state funeral in Jamaica— a very high honor. He continues to be a very important influence on modern music.

What is Reggae?

Reggae music typically has a slower tempo than pop or rock music. Reggae uses guitar, piano, and snare drums, and horns as its main instruments. The emphasis of reggae music is in its syncopation and melodic bass lines.

Who is Anansi?

Anansi is a fictional character in Caribbean folklore. She is typically talked about in oral fables as a spider, playing tricks on those she meets and is considered to be the voice of wisdom and strength. The Anansi stories are shared as a way to teach children and adults about overcoming a difficulty or hardship through self-reliance and strategy.

Who is Duppy?

Duppy is a Jamaican word meaning ghost or spirit. Much of Caribbean folklore revolves around duppies. Duppies are generally regarded as evil spirits.

What is Jamaica?

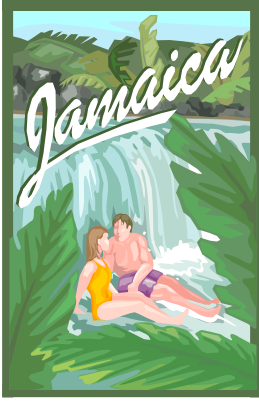
Jamaica is an island and a country in the Caribbean that lies about 90 miles south of Cuba in the Atlantic Ocean. Jamaica is the fifth-largest island country in the Caribbean. The climate in Jamaica is tropical, with hot and humid weather. The majority of Jamaica's population is of African descent. The official language of Jamaica is English.

Below are some terms used in the professional main stage production of *Three Little Birds*. Study the brochure about Jamaica and match the words with their definitions by writing the letter of the correct definition next to the word.

- | | | | | |
|-----|--------------|-------------------|----|---|
| 1. | _____ | Duppy | a. | A Jamaican fruit, similar to a banana |
| 2. | _____ | Jamaica | b. | A type of music |
| 3. | _____ | Bob Marley | c. | A Jamaican settlement |
| 4. | _____ | Anansi | d. | A folklore character who is a trickster |
| 5. | _____ | Cattawood Springs | e. | An animal that looks like a ferret |
| 6. | _____ | Plantain | f. | A folklore character who is an evil spirit |
| 7. | _____ | Dr. Bird | g. | A tropical island in the Atlantic Ocean |
| 8. | _____ | Reggae | h. | The nickname of Jamaica's National Bird, the Swallow-Tail Hummingbird |
| 9. | _____ | Mongoose | i. | A famous musician |
| 10. | <u> J </u> | Ziggy | | The main character in the play <i>Three Little Birds</i> , who is a little boy afraid to explore his island home. |



Use the information in this brochure to correctly identify the terms on your Subject Worksheet.



WELCOME TO JAMAICA!

Jamaica is a tropical island in the Atlantic Ocean.

The weather is warm and the oceans are beautiful.

Things to See



Cattawood Springs– A small settlement, that is like an American town, this village is a huge hit with tourists! Many people live there and there is easy access to the port where the ships come in to deliver food, supplies



and visitors.
Mongoose– On your visit to Jamaica, you will most likely see one of these furry wild animals. They look a little bit like ferrets, but don't touch them! They are definitely not as tame



and friendly!
Dr. Bird– The swallow tail hummingbird is one of many pretty birds on the island. This bird is called Dr. Bird by the local people and is Jamaica's National Bird. Make sure to



Reggae music is fun to dance to and can be hard all over the island!



Plantains look a lot like bananas, but are



The most popular reggae music was written and performed by Bob Marley, who lived on the island and is famous around the world for his music.



A **Duppy** is a folklore character who is an evil spirit, like a ghost. A Duppy is like the big bad wolf in American stories.



Anansi is another folklore character who is usually a girl and presented as a spider. She likes to play tricks on people!

(Grades K –2) World Music Lesson: Reggae

INSTRUCTIONAL OBJECTIVES

- Students will be able to distinguish Reggae Music by sound.
- Students will be able to identify country of origin and main musical instruments in Reggae music.

STANDARDS

Maryland State Curriculum: Music

Common Core: Language Arts

Perceiving and Responding - Aesthetic Education

- Indicator 1.1

Historical, Cultural, and Social Context:

- Indicator 2.4

Aesthetics and Criticism

- Indicator 4.1

Speaking and Listening:

- Comprehension and Collaboration: Standard 1
- Comprehension and Collaboration: Standard 3
- Presentation of Knowledge and Ideas: Standard 4

Writing Standards:

- Research to Build and Present Knowledge: Standard 7

MATERIALS

- Reggae music worksheet and sound clips of Reggae and instruments—ideally through YouTube.

ANTICIPATORY SET (class discussion):

The teacher will (TTW) lead students in class discussion about their favorite types of music.

- TTW list all musical genres students can name on the board.
- TTW ask what makes the music unlike other genres. What makes the styles different? Is it instruments, what the songs are about, who sings or writes the music, or where the music comes from?
- TTW explain that it is the combination of ALL those factors that make a musical style special. Today we are going to learn all about Reggae music!

INSTRUCTIONAL PROCEDURES

- 1) TTW will play examples of Reggae Music. I.e. Bob Marley's "One Love".
- 2) TTW ask the students to discuss what they like about the music and what makes it special or different.
- 3) TTW pass out Reggae Information sheet. Depending on student ability, either the student or teacher will read through the sheet.
 - * If possible play examples of the various main music instruments used in Reggae.
- 4) TSW work alone or in pairs to create their own genre or style of music with the "New Music Style" Worksheet.
- 5) TSW present their new type of music to the class.

Evaluation and Assessment

- * Students will be evaluated on class participation and completeness of worksheet.

Study Guide prepared for **Three Little Birds** by Adventure Theatre MTC March 2013.



REGGAE MUSIC

Where does this music come from?

Jamaica



What are the main instruments in Reggae?

Bass Guitar



Horns



Snare Drum



Who is the most famous Reggae musician?

Bob Marley



Name _____

New Music Style!

What is the name of this new music style?

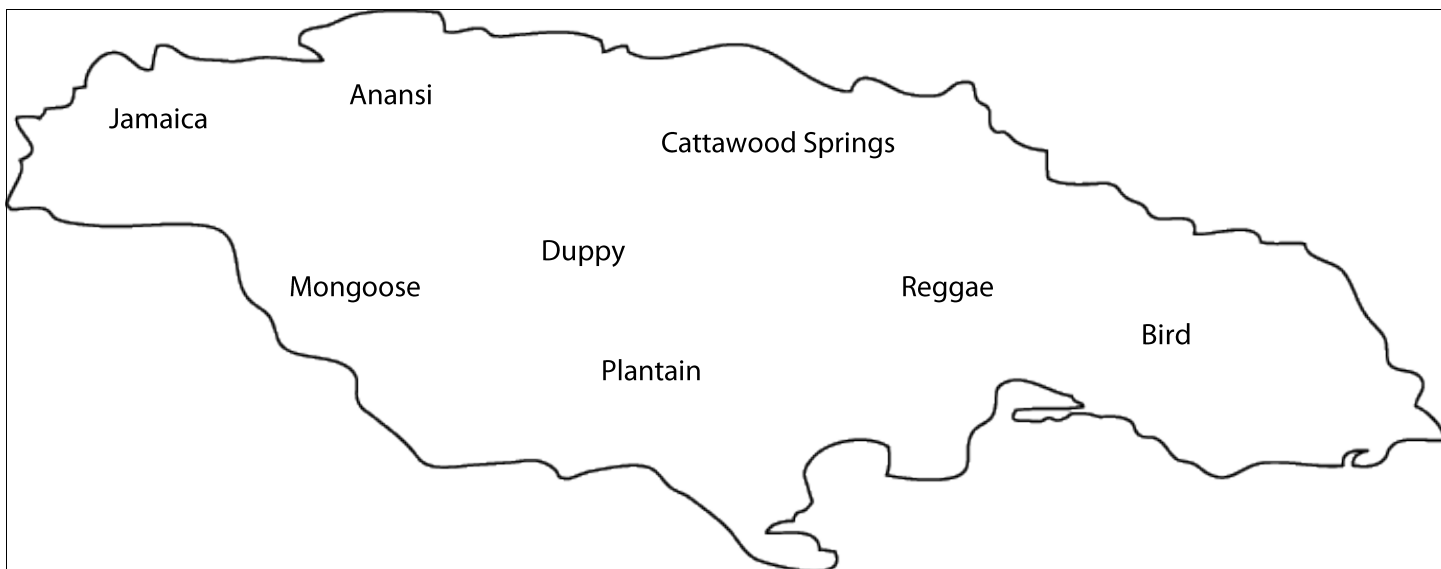
Where does this music come from?

Draw pictures of the most important instruments in this style.

Who would be the most famous musician in this music?

Name: _____

Directions: Put the words in alphabetical order.



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____



DIRECTIONS: Read the story aloud and then provide each student with the listening worksheet to fill in the correct answers based on what they heard.

Ziggy is a little boy who lives in Cattawood Springs Jamaica. He loves to watch tv, play video games and stay indoors. His mother, Cedella, wants Ziggy to see the island and explore in the sunshine, but Ziggy is scared. She asks Ziggy to visit her at the port, where she sells jerk chicken, a Jamaican specialty to the tourists, but Ziggy doesn't want to go.

Ziggy's friends Dr. Bird and Nansi convince Ziggy to make the trip to visit Cedella at the Port. On the way, they encounter Duppy, who loves Ziggy's beautiful hair and wants to steal it for his collection. Ziggy and Nansi are able to trick and outsmart Duppy and journey

LISTENING QUESTIONS

1. What is Ziggy scared to do?
 - A. Watch tv.
 - B. Explore the island.
 - C. Eat jerk chicken.
 - D. Play with Nansi.
2. What does Cedella sell for a living?
 - A. Trinkets.
 - B. Jerk Chicken.
 - C. Video games.
 - D. Duppies.
3. Who is Nansi?
 - A. Cedella's friend.
 - B. A little boy.
 - C. Ziggy's friend.
 - D. A worker at the port.
4. Who convinces Ziggy to make the trip to the Port?
 - A. Dr. Bird and Nansi
 - B. Ziggy
 - C. Cedella and Nansi
 - D. Duppy
5. What does Duppy want from Ziggy?
 - A. His bird.
 - B. His friend, Nansi.
 - C. His beautiful hair.
 - D. His mother's jerk chicken recipe.
6. Does Ziggy make it to port to see his Mother?
 - A. Yes
 - B. No

Subject Worksheet

1. F Duppy a. A Jamaican fruit, similar to a banana
2. G Jamaica b. A type of music
3. I Bob Marley c. A Jamaican settlement
4. D Anansi d. A folklore character who is a trickster
5. C Cattawood Springs e. An animal that looks like a ferret
6. A Plantain f. A folklore character who is an evil spirit
7. H Dr. Bird g. A tropical island in the Atlantic Ocean
8. B Reggae h. The nickname of Jamaica's National Bird, the Swallow-Tail Hummingbird
9. E Mongoose i. A famous musician
The main character in the play *Three Little Birds*, who is a little boy afraid to explore his island home.
10. J Ziggy J. island home.

Alphabet Order Worksheet



1. ANANSI
2. BIRD
3. CATTAWOOD SPRINGS
4. DUPPY
5. JAMAICA
6. MONGOOSE
7. PLANTAIN
8. REGGAE

Listening Activity

LISTENING QUESTIONS

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Resource Guide Evaluation Form

We value your input; please take a moment to let us know how we are doing.

School _____ Grade Level of Your Students _____ Show Title _____

Did you use this Study Guide? YES NO

If yes, how much did you use it? All A lot About Half Only a Little

Please circle the appropriate response:

6=strongly agree 5= agree 4=somewhat agree 3=disagree somewhat 2=disagree 1= disagree strongly

For me, this Study Guide enhanced the play	6	5	4	3	2	1	N/A
The lessons offered fit into my curriculum	6	5	4	3	2	1	N/A
Overall, I found this Study Guide Useful	6	5	4	3	2	1	N/A

Did you get the Study Guide in time to prepare for your theatre experience?

Was there a specific lesson or activity that you really enjoyed or didn't like at all? Why?

What would you like to see offered in future Study Guides?

If you have additional comments, good or bad, about this Study Guide please use the additional space below or the back of this form. Your comments and suggestions are greatly appreciated. Fax your response to 301-634-2269.
